







T2: Guidelines for People with Coronavirus Symptoms

All country guidelines linked in the list below have home isolation policies, and guidance on what to do if the symptoms become acute. Familiarize yourself with them and know what to do if you reach that stage.

Australia		Information for those with a suspected case (DoH)
Canada		If you become ill (Public Health Canada)
NZ		Call Healthline for free on 0800-358-5453 (MoH)
UK		Use the 111 coronavirus service (NHS)
USA		What To Do if You Are Sick (CDC)

If you live in a country with its own guidance, please send a link and we will add it to the list.

Waiver

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